

Fitness With Friends

Fun filled dance style fitness class for the mature and retired.
Plus time to make new friends over a well earned cuppa!

Mondays 10.30am-12.00pm **£7 includes refreshments**
(Launching 4th February 2019 - Half-Price opening offer **£3.50)**

St John The Evangelist Hall, Parkhill Road, Bexley DA5 1HX
Free Parking / Bus Routes: 132 229 269



The People's Dance Company - supported by The Princes Trust

www.thepeoplesdancecompany.co.uk

Contact Beckie to reserve your place

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